

Trinity Sunday
Proverbs 8:22-31
Rom 5:1-5
Jn 16:12-15

The Catholic Faith is: - That we worship one God in Trinity and Trinity in Unity. There is only one God but three persons who are co-equal and co-eternal. The Book of Proverbs tells us that wisdom is part of God's nature. Proverbs describes wisdom as a woman standing by the city gate shouting her message to those who pass by. Wisdom guides us on the right path of God's goodness. Yet wisdom is not simply being a good person, wisdom is the word of God available to all who are prepared to listen to and embrace its message. Wisdom doesn't just tell us how to *behave*, it tells us how to *live* as a child of God and Christ's disciple.

You can see why the Church connects Wisdom with Jesus. Jesus is God's Word made flesh. He has shown us how to sing God's song and dance His dance so that the world might know and experience God.

St Paul tells us that God's love has been poured into our hearts by the Holy Spirit, so we too can love God, ourselves and each other in the same sacrificial way that Jesus does. This does not only apply to us as individuals. It applies to the whole Church, for it too must sing God's song to the world no matter how uncomfortable that might be, because the Holy Spirit will lead us into all Truth.

Truth is not simply a collection of theological statements or a moral code, important as these are. Being led into the truth means that when the going gets tough, the tough get going, because the Holy Spirit will open up a way to God and provide the resources that are needed. The Holy Spirit uses the Church to challenge the world when it is wrong and affirms it when its actions resonate with God's values. This is why the Church cannot stay out of politics. It must proclaim God's intentions when He created the world, especially about human relationships and the sanctity of life.

The persons of the Trinity are in perfect unity with each other because they have a unity of love and purpose. Jesus said, "I and the Father are one" (Jn 10:30), "He who has seen me has seen the Father" (Jn 14:8-10), and "The Father will send the Spirit in my name and will teach you all things and remind you of everything I have said to you" (Jn 14:26).

God created us in His own image and our lives are also a trinity of relationships. We are called to be in an active relationship with God, with ourselves, and with others. To have these healthy relationships is to share in the life of God Himself, so we are living in heaven while we are still on earth. Turning our back on these relationships and so separating ourselves from God is living in hell while we are still on earth. Get our relationship with God right first and the rest will follow.

Without the Father, we will become totally self-centred. "What do I want and how can I get it" rather than, "What does God want and how can I achieve it?" Without the Son's example of what love is, we will become voracious and manipulative bullies whose only aim is to control. Its motto is, "Whatever it takes," or, "I couldn't care less."

Without the Holy Spirit guiding us into God's Truth, we live as though we are all-knowing and the definer of all things. Its mantra is, "My truth is the only truth." In a world such as this, our fantasy becomes reality, and we must be what we must be, and face tomorrow, believing that the flowers never bend with the rainfall, as Simon and Garfunkel's song puts it.

God is the Holy Trinity, we are a trinity and must work on ensuring that there is no disunity between our love for God, ourselves and others. Unity with God is heaven, Separation from God is absolute hell. Now that's a sobering thought, isn't it?

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